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DAV URGES AMERICANS TO FLY THE FLAG ON FLAG DAY

"Every home in Mass. flying our flag on Flag Day, Sunday, June 14, is a goal we hope could be achieved. To accomplish this would be a miracle; but, members of the DAV, through personal contact and by phone, will do all in their power to achieve it," today stated Commander Robert S. Redding of Framingham, Disabled American Veterans head in Mass.

"We should put aside our differences for one day and unite and fly our country's flag. Like the song 'It's a Grand Old Flag,' we are fortunate to be living in the greatest nation in the world, where those who want changes in the policies of our govt. can do so at the ballot box."

"We suggest starting on Flag Day,

those who wish to dissent from the policies of our govt. follow the Golden Rule: 'Do Unto Others As You Wish Them to Do to You.' It is a healthy sign to see interest in govt., and they should remember there is nothing wrong with disagreeing, but don't be disagreeable," concluded Commander Redding.

The DAV Executive Committee will meet on Sat., June 13 at the State House, Boston at 1 p.m. First on the agenda will be our plan for an all-out effort to have every home flying the flag on Sunday, June 14. John McCarthy and Pauline Booker will represent Agawam Chapter #55 at the meeting and are sure to be contacting their friends and neighbors to fly the flag on Flag Day.

AGAWAM SCHOOLS PARTICIPATE IN FLAG DAY CEREMONIES

The Agawam Junior Women's Club would like to remind area residents to proudly display their flags, Sunday, June 14. Flag Day is the anniversary of the adoption of the American flag in 1777. This is not a legal holiday.

The Granger School will conduct their flag raising ceremony on the front lawn, with opening exercises and the singing of the National Anthem. Mr. Loomis, the school's principal has the 4 - 6 grade pupils participate in this ceremony every morning before classes begin.

Mr. Miller, principal of the Katherine Danahy School will conduct classroom programs in observance of Flag Day. The school's windows and doors are decorated symbolically in red, white and blue shields, and the letters U.S.A.

Mrs. LaBonte, principal of the Benjamin Phelps school will conduct opening exercises out of doors, and will fly the flag once flown over the capitol. The flag was presented to the school from the Honorable Silvio O' Conte. An assembly will also be held.

Miss Meadon, principal of the Robinson Park School will have a school assembly appropriate for the occasion.

The Pierce School's 4th grade students are in charge of their indoor program. An assembly will begin with the salute to the flag, poetry, and music. Mrs. Skolnick, principal of the school, is proud of the skit the 1st

grade students will present on what their flag means to them.

The South El. School will present an assembly for grades 1-3 and special class. The beginner band will play patriotic selections with an audience participation singing America The Beautiful. And the Tonette Band will be dressed in patriotic uniforms and play appropriate selections, under the direction of Mrs. Salley Lowell. Mrs. Crawford, the school's principal will present this June 11. Mr. Kistner, principal of the Agawam Jr. High will dedicate the new auditorium flags June 12, and teachers will conduct homeroom exercises. A film entitled Old Glory was already presented to the student body.

The Agawam Jr. W.C. will also display posters to remind residents to fly your flags.

AGAWAM JR WOMEN

The Agawam Junior Women's Club went to the dogs! Several of the club's members assisted in the townwide rabies clinic, held Sat., June 6 at the Agawam H.S.

With more than 1500 dogs still unlicensed and requiring shots, the girls were very busy filling out info necessary for licenses.

Mrs. Kenneth N. Gumbs, health chairman, headed the committee.

Agawam YMCA Activities

The pool is now open on week-ends at the Agawam Y.

All camps still have openings & registrations are now being accepted. The 'Y' now has Master Charge and Bank Americard for anyone who wishes to charge membership.

The Membership Drive has been extended to allow workers to see more people in the community.

Sign-ups for the Y swim team will be held this Sat. a.m. from 9 - 11. This is open to boys and girls of all ages who wish to participate in competitive swimming.

please note --
Monday AM deadline
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POSTAL WORKERS ANNUAL CONVENTION

Agawam letter carriers from Local 4532 attended the annual state convention in Falmouth over the weekend. It was learned that the lives of James Rademacher, national president of the Letter Carriers Assoc., and his wife have been threatened. John Mulhern, regional director of the assoc., announced at the annual convention in Falmouth on Friday that despite the threats on his life, Rademacher, now provided with bodyguard protection, would be present. The threats have been received because he refused to call a national strike of carriers in the recent pay raise discussion.

Rademacher, keynote speaker of the convention, spoke on Friday. He said, "The postal reform bill which includes the postman's 8% pay raise will be debated this week in both the House and Senate with a vote due on Thursday. The bills have been advanced to this week, due to the help of House Speaker John McCormack and Rep. Carl Albert." I have been asked, "Why has it taken so long to be heard?" The answer is that the Senate version contains 288 pages and the House version, 317 pages. I am sorry to say some postal workers are tired of the delay and have mentioned, "Strike" or "National Sick-In"; this will not help, and I urge you to be patient.

Rademacher continued, "The postal worker today can be proud he is in the best era ever; he is going to see for the first time in 200 years, more postal pay and collective bargaining. The postal worker is tired of seeing his neighbors, friends and relatives enjoying good pay and many fringe benefits, and realizing they don't have to have to write to their congressman to get them. Anyone who says a postal worker and his wife are satisfied with their present pay, then be assured there is income from somewhere else.

"Let's remember too, we are concerned with two other problems. One is amnesty for our 100 branch presidents who have injunctions filed against them; they are faced with heavy fines, loss of their jobs and possible imprisonment. These people have placed their jobs on the line and they should be protected; also our retirees, widows and children should receive increases in their retirement pay. We are now treating them as sub-standard citizens."

John Mulhern, regional direction, said he wished to take issue with a recent story to the effect that 1100 letter carriers were caught pilfering the mail. Mulhern said this was unfair to the carriers because following investigation of the story, it was found that of the 1100 persons caught, less than 50 were carriers, the remaining 1050 were subs, mail handlers, clerks and even postmasters. He also stated that seminars would be conducted in the fall at the U of M in Boston and Amherst for branch officers that they might be instructed in grievance procedures. "We're in a new ball game and a new park and we must move forward under our new contract; the seminars will provide better communication for all concerned."

State officers elected at the convention were: president, Jerry Pellegrini of Leominster; 1st v-p, Robert Buchanan of Dedham, 2nd v-p, John Barry of Winchester; 3rd v-p, Philip Lomaglio of Fitchburg; 4 v-p, Frank Hansler of Stoughton; treasurer, Anthony Bongionno of

Lawrence; secretary, Charles Edgerley of Boston; asst. sec., Edward Sureds of Beverly; executive board: Thomas McGuire of Lynn, Withold Ivaska of Worcester, Frank Millis of North Adams, Robert McDonald of Springfield, Antoni Bielou of Mansfield, John Airozo of New Bedford, and Howard Daury of Pittsfield.

A women's state auxiliary was organized at the convention with the following state officers elected: pres., Mary Nienic of New Bedford; sec., Mary Brown of Natick; treas., Jean Dickerson of Beverly. Organizing the group were Ann Lemoin and Alice Santos of New Bedford.



John D. Garrett of 418 Meadow Street graduated from the College of Arts and Sciences of Boston College.

SUMMER MUSIC FOR YOUNG PEOPLE

The sound of music will be made this summer by 105 Agawam pupils registered in the summer instrumental music program held weekly in the Junior High band room starting Tues., June 23, and continuing for 6 weeks.

Guided and directed by Mrs. Sally Lowell, elem. instrum. instructor for the Agawam schools, assistance will be given by 4 professional music teachers. They are: Mr. Darcy Davis, dir. of music for Agawam schools; Lawrence Kublin and Sheldon Wax of Sinfonia Music Studios; and Mrs. Charlotte Dow, string teacher. Pupils meet with these teachers for 40-minute sectional rehearsals in small classes, in addition to the 1-hour and 20-minute band and string ensembles.

Transportation to and from rehearsals is provided mainly by parents with car pool arrangements and public transportation.

Mrs. Walter Balboni and Mrs. Richard Rackliffe, co-presidents of the Summer Instrumental Music Committee of 16 parents, sponsoring the program, extend a cordial invitation to the general public as well as parents and families of the performers to attend the final concert of the 2 bands and the orchestra, to be held out-of-doors "on the green" at the Agawam H.S. on Tues. evening, July 28 at 6:30. The audience is requested to bring their own chairs.

Each year over 24 million people fish 80 million acres of fresh water fish habitat, including the Great Lakes, the Mass. Audubon Soc. reports.

SOUTH EL SCHOOL MUSIC FESTIVAL



MR. HAROLD HUTCHINSON

The South Elementary School, with the entire student body in grades 1-6, entertained parents, guests and friends with an outdoor summer music festival. The theme was "Let's Take A Trip." The program was under the direction of Mrs. Sylvia Starkie, Elementary vocal music director.

The musical tour started with the 1st grade students leading the way "South of the Border," featuring the "Mexican Hat Dance." The 2nd graders made arrangements to travel to France with folk songs and dances. The 3rd, Scandanavia; 4th grade, England; 5th grade, Germany; and the 6th grade, Africa.

In the finale, the entire student body returned everyone back to the U.S. with many favorite songs from our own country.

All of the teachers aided the students in the program and in making costumes that reflected the country they represented. Songs, dances, folk games and rhythmic accompaniment were of special interest.

The students dedicated this program to their school custodian, Mr. Harold Hutchinson, who is retiring after serving the school since it opened 13 years ago. Mr. Hutchinson knows almost all of the children as well as many of the parents by name, and has been a friend to them and to the teachers.

A song in Mr. Hutchinson's honor opened the program by grades 1-2-3-4, and the 5-6 grades honored him with the closing number.

The students also presented him with a gift and a scroll signed by every student in the school.

The students also paid tribute to Mrs. Julia Crawford, school principal, and Mrs. Starkie for making the program possible.



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OUTDOOR LIGHTING SEMINAR

Officials from a dozen communities in W. Mass. were guests of the Western Mass. Electric Co. on a 3 day visit to Hendersonville, N.C., recently for an intensive briefing on modern techniques in street lighting at the G.E. Outdoor Lighting Institute.

Attending from the Springfield area were Spfld. dep. super. of engineering Anthony Masuck, police chiefs R. Kenneth Grady of Agawam, Raymond W. Hubert of West Springfield, John R. Jorge of Ludlow and James Curran of Southwick, and selectman William T. Avezzio of Ludlow.

Following lectures on street lighting principles and practices, including photometry and the design and maintenance of various types of equipment, the group toured factory and lab. facilities.

In the evening they attended the "Crossroads of Light" pageant staged on a specially-constructed outdoor highway intersection designed to duplicate typical road conditions from black-topped residential street to half-concrete, half-asphalt interstate highway. Wood, metal and concrete poles were set at various heights and spacings, using various types of fixtures. They saw near-wrecks, a harrowing assault on a gloomy side street, and simulated traffic flow under inadequate, then adequate street lighting conditions.

It was an educational experience demonstrating not only the value of light in improving pedestrian safety and combating night crime, but also its effectiveness for shopping centers, parking lots, decorative illumination of parks and buildings, and extending the day for sports and recreation.

In charge of the tour was Edwin N. Putnam, system street and highway lighting engineer for WMECO. Also accompanying the group were two of the company's area managers and 3 field engineers.

PTA COUNCIL INSTALLS OFFICERS

Mrs. Dominic DiDonato presents the gavel to the incoming president of the Agawam Council PTA, Robert Griffen, as the installing officer, Mrs. Daniel Ciak congratulates the new officer. Also installed at the annual banquet which was held Monday night at the Agawam Methodist Church were William Carruth, 1st v.p., and Harold Burnett, 2nd v.p., for 2-year terms. Other members holding offices for the year are Mrs. Ronald Wortelborer, recording sec.; Mrs. Harold Burnett, corresponding sec.; and Mrs. Daniel Ciak, treas.

Mr. Griffen will hold his 1st exec. board meeting on Monday, June 15, 8 p.m. at the Agawam Junio H.S.

The newly elected presidents and council delegates from all Agawam units, as well as council officers and committee chairmen, should attend this important meeting. Many items are scheduled, and action of the council that will affect all units will be discussed and voted upon by these members.

Keeley, Former Resident, Promoted at Harvester

ALBANY, New York — William J. Keeley, former key market manager of central N.Y. state for Internatl. trucks, has been promoted to administrative assistant of Internatl. Harvester's Albany truck district.

Keeley joined IH at its Hartford truck branch in 1961 after receiving his degree from AIC, Springfield. He was promoted to personnel development supervisor at Albany in 1964; Bridgeport, Conn., branch manager in 1965, and key market manager in 1968.

Keeley, his wife and 3 children live at 4599 Red Fox Drive, Manlius, N.Y. He is the son of Mr. and Mrs. Thomas P. Keeley, 1224 Suffield St., Agawam.

KICK THE HABIT

June is busting out all over. With *Kick the Habit* campaigns against cigarette smoking.

Christmas Seal assns. across the country are waging an intensive, month-long campaign to urge smokers to chuck their cigarettes. For a day, a week, a month. Forever, hopefully.

Becoming a nonsmoker takes practice. Most smokers try to quit once. And fail. And try again — and again. It's all practice; and eventually they kick the habit or cut down drastically. But some heavy smokers simply have to quit "cold turkey." They are so hung up on smoking that they have to make a dramatic and complete break.

Smokers who quit successfully adopt certain attitudes. They see quitting as a big plus and smoking as a major minus. Smokers who don't manage to quit still see cigarettes as a kind of friend, always there when needed. In contrast, these smokers resent being deprived of cigarettes.

Thinking of quitting as a positive act instead of personal deprivation makes the difference. And one in every 3 persons who tries to quit succeeds. More than 21 million Americans have now kicked the habit.

Two leaflets are available free from your Christmas Seal assn. *Me Quit Smoking, Why?* and *Me Quit Smoking, How?* provide the special assist lots of smokers want. Your Assn. also has information about withdrawal programs and other antismoking activities.

Get in touch with Hampden-Berkshire TB and Respiratory Disease Assn., 284 State St., Springfield, telephone 737-3506.

BEST BUYS

THIS WEEK'S BEST BUYS FROM MASSACHUSETTS FARMS

The vegetable crop looks good across the state, says the Mass. Dept. of Agriculture, with about 35% of total acreage already planted. Blueberries and strawberries have set well, and both promise bumper crops.

Peas are now in full flower, right on schedule to go with the fresh salmon on the 4th of July.

The fruit tree bloom in Bay State orchards was heavy, but the set — pollination to bring forth fruit — appears spotty.

Best Buys this week, with heavy market receipts, are native asparagus, Boston lettuce, radishes, and greenhouse cucumbers and tomatoes. The rhubarb harvest has peaked, and supplies will now begin to dwindle.

Extremely popular, as the season begins for the salad crops, is native Boston lettuce. Used for salads, of course, it is also an excellent sandwich filler, and for hearts of lettuce with your favorite dressing. The rich green color of its outer leaves is highly attractive, and some creative homemakers even use it as a centerpiece. Developed in England, Boston lettuce shows the creamy, buttery color on the inside leaves for which the "butter" heads are famous.

OLD-FASHIONED LEAF LETTUCE BOWL (for 8)

3-4 heads Boston lettuce, washed, dried and chilled
2 cps. chopped green onions (scallions)
4 hard cooked eggs, coarsely chopped
6 slices lean bacon
½ c. cider vinegar
1 tsp. salt
fresh black pepper (to taste)
2 tbs. light brown sugar

Break greens lightly — do not cut — pile high in salad bowl. Top with eggs and scallions. Pan fry bacon until crisp, remove from fat, drain, crumble, set aside. To fat in pan, add vinegar, salt, several grinds pepper from the mill, and brown sugar. Heat to boiling, simmer two mins., remove. At serving time, reheat to boiling, pour over prepared salad bowl. Toss until lettuce is wilted. Add bacon bits. Adjust for seasoning, especially as to pepper. Serve at once.

Nature's Ways

by Wayne Hanley

When a helpless young bird meets a human, the human usually turns out to be the more helpless of the two.

These meetings will become more frequent in the immediate future. For birds now are nesting and every ill wind shakes a few young birds from nests.

In addition, each spring many young birds which should have been left alone wind up in human hands. These young birds which have left the nest but spend up to 5 weeks hiding in bushes and waiting for their parents to feed them. Many are brought home by cats but an exceptional number become captives of humans who are certain that these birds which cannot fly well have fallen from the nest. Actually, they are beyond the nest stage and should be left alone.

Most of us make the mistakes by mis-interpreting an unfamiliar situation as being associated with something we understand. Many persons, for instance, know how to raise young chickens. Since chickens are birds, why shouldn't the skill and knowledge gained with chickens be transferred to wild birds?

Well, the young wild birds that one most often meets have almost nothing in common with chickens. Chickens evolved from precocial birds, which means that the young need only watch their mother to discover proper food sources and then are able to find food and feed themselves. Baby chicks hatched in incubators can learn to fend for themselves either by watching slightly older chicks, or by having their bills dipped into baby chick feed and into water. From then on, they are on their own.

But, most young wild birds that land on suburban lawns are not precocial.

They are altricial. We shall not explain all the implications of that two-bit word, other than to say that young altricial birds cannot feed themselves but must be fed a special diet known to their parents. In addition, they must be fed in a special way, or they will not accept food.

To undertake the rearing of a young robin, for instance, involves more work and time than the average person can expend. A very young robin should be fed every half hour during daylight. Even after it grows feathers, it requires hourly feedings. A young robin could be fed canned dog food, or fresh liver or kidney cut into worm-wide strips about two inches long.

A young bird can be fed successfully only if it opens its mouth and begs for food. It is not enough, however, to dangle food into the bird's mouth. One should use blunt tweezers and carefully insert one end of a kidney strip, for instance, into the bird's throat. There the muscles involved in swallowing can grasp the food. That is the way parent birds feed the young — and that is the only way that the young "recognize" food.

One should never give water or milk to a baby bird. They cannot cope with liquids. It is permissible, however, to dip their food in water before inserting it in the bird's mouth.

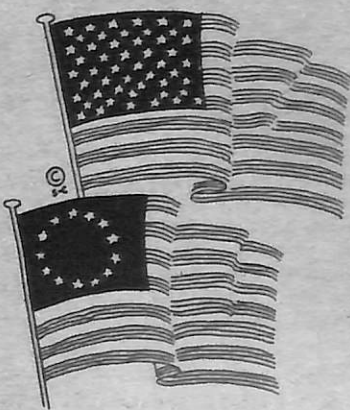
Since humans make poor bird parents, one must expect a high percentage of failures in trying to rear young birds. There are many helpful hints that increase the likelihood of success in a leaflet called "Care of Wild Birds." For a free copy of the leaflet, send a long, self-addressed, stamped envelope to "Wild Birds," Massachusetts Audubon Society, Lincoln, Mass. 01773.

KEEP TICKS OFF DOGS

The Mass. S.P.C.A. warns pet owners everywhere to look carefully for ticks on their pets and remove them immediately. Ticks can cause a great deal of discomfort — especially to dogs. When you know your pet has run through tall grass, especially on Cape Cod, he may have picked up ticks.

Frequently people ask the best way of removing ticks. Run your fingers through the soft hair of your dog. If you feel a slight bump, pull back the hair and you will see a small brown, or larger slate-gray object about the size of a little bean. Grasp the tick firmly and pull it off using gentle, steady traction. If you jerk it quickly, the stubborn tick "beak" may remain in the dog's skin and result in sores.

The so-called American Dog Tick, frequently found in woods and fields, have been known to attach themselves to humans. Ticks are a real summer problem. Therefore, even on vacation, keep your dog on a leash as much as possible. If you have a tick problem with your pet, consult your veterinarian.



It's A Season For Showers!

Showers don't always mean raincoats, umbrellas, and walks in the rain. They can mean guests, gifts, and an excited bride-elect.

To honor a young woman who is getting married is a longtime tradition — and it's also a very practical way to help her get ready to set up housekeeping.

If you're planning a shower for an engaged girl — and you're not quite sure how to go about it — here are some "shower power" ideas from Rubbermaid:

- First, check the date with the guest of honor or someone close to her. Brides have hectic schedules and must plan their time carefully.
- Plan to give the shower two to four weeks before the wedding. Remember: Only friends give showers, relatives may have parties for the prospective bride, but gifts aren't given.
- If it's not a surprise shower, go over your guest list with the bride-elect. Regardless, be sure to include mothers of the couple and never invite anyone who isn't on the wedding guest list. Send the invitations out 10 days to two weeks before the date of the party.
- Plan a fast-paced shower of about two hours — that way, no one feels obligated to stay longer. Naturally, if everyone is having fun don't cut the party short. If you're planning to play games at the shower, limit them to two brief ones. If there are lots of gifts, have her open



them while the guests are enjoying their refreshments.

A unique theme makes a shower more enjoyable for all concerned. Develop a theme and plan invitations, decorations and gifts around it. When planning, think of the items a bride will need as she sets up her first home. For example, she would undoubtedly appreciate a "small wonders in the kitchen" shower. Guests bring inexpensive gifts she'll need when she organizes her kitchen.

There's a vast selection of clever gifts to choose from. Appropriate presents for this kind of shower include a nest of measuring cups, a set of food keepers, a meat thermometer, a dish drainer or an onion chopper. New cooks never have enough spatulas, turners and scoops.

Gifts that make more storage

space in cabinets, like revolving turntables, storage bins and slide-out drawers are sure to please any bride to be.

Carry out the "small wonders idea" in the table decorations, too. Use a large wicker basket and fill it with small kitchen wonders and flowers. Arrange wooden spoons, drawer organizers, wire whisks, and spatulas in the basket. Net balls for dishwashing and oven mitts add a dash of color. Use ribbon to tie wooden spoons, measuring spoons, a pastry brush and a parer to the handle.

When the party's over, give the guest of honor with the basket for her future kitchen.

For a free booklet all about *Small Wonders*, write the Home Service Center, Department D, Rubbermaid Incorporated, Wooster, Ohio 44691.

CAT PADDING

WEAR THICK GLOVES WHEN HANDLING AN INJURED CAT, OR WRAP IT IN A BLANKET OR COAT. IN PAIN AND FRIGHT, A CAT MAY SCRATCH OR BITE.



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PRUNE YOUR FIGURE NOW

Now that the temperature is soaring and all thoughts are directed to the beach, the woods, and fishing in the streams and rivers, it seems hardly appropriate to begin thinking of Christmas and the dress and suit one will be wearing at that time.

Yet for those who are obese and have suffered through endless holidays wearing clothes that served only as covering rather than looks, they know that when Christmas approaches it is already too late to think of the latest fashions.

In order to lose weight, a program that stresses sensible eating habits must be followed. And it cannot be done overnight. For the obese also knows how awful they feel following the countless crash diets that are on the market. Perhaps a few pounds or even more are lost, but how quickly the pounds return, and how uncomfortable the whole process can be.

The summertime is perhaps the worst time for the obese, for during

this period all around can be seen the slim figures in bikinis and mini skirts, the tight slacks on both men and women. They will look great come Christmas but what about the overweight? How will they look and feel?

Doctors can stress the need for such groups as Weight Watchers, new articles can cry about the dangers of heart failures, but for most of the obese the thought of bikinis or Christmas clothes have more of an effect than doctors and news articles.

Let us all hope for the sake of the health of the nation, that this will be the summer that convinces everyone the need to regulate their weight - both for health reasons and for self satisfaction.

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Back yard Frontier

BY POLLY BRADLEY
Mass. Audubon Society

What are we going to do about good old maternal instinct?

That "great virtue" maternal instinct may get us yet. It could overpopulate the globe until all our feeble hopes of conservation, peace, and a better life for mankind go down the drain in a whirlpool of milling humanity.

I know whereof I speak ... I know the terrible strength of maternal instinct.

I've just had another baby, a little girl after 2 little boys, and I couldn't be happier, even if I am adding to the overpopulation of the overburdened globe. I'd happily have a dozen children ... if it weren't for the odd fact that my husband's maternal instinct is not as strong as mine!

I keep reading articles (mostly by men) about how we will solve the overpopulation problem by changing social customs.

"People have children to support them in their old age. If old age is made more secure, people will want fewer children," I read ... but I have great faith in my husband's ability to provide for our old age, and I'd still love to have a bunch of kids.

"Women must be offered other outlets for their abilities besides housework," I read ... Well, I'm certainly in favor of that, but here I am with a wonderful outlet for my non-maternal abilities ... and I still love raising children best of all. The joys of work just don't compare to the joys of motherhood.

"People must become aware of the dangers of overpopulation," I read ... but after writing about conservation for years, I am surely as aware and as concerned and as convinced as practically anyone that overpopulation may be our Armageddon ... and I'd still love a houseful of babies.

I am sure that unless we limit earth's human population, we are going to be overcome by those 4 horsemen of the Apocalypse ... famine, war, disease, death.

Knowing what I do about maternal instinct, I don't see how we can limit population unless we legally restrict reproduction or reprogram the feral soul.

And that is 1984.

What is the answer?

Famine, war, disease, death are not acceptable solutions to the problem ... nor is the kind of society where freedom and individual human rights are ignored.

Can we redirect maternal instinct, so that women can learn to care for all humanity as they care for their own families?

And, in the same manner, can we redirect male aggression, so that men fight to create a better world rather than fighting each other?

What is the answer? I wish I knew.

I can only urge the men who study and work and think on these things to recognize the terrible strength of a woman's maternal instinct, as they are coming to recognize the terrible strength of male aggression.



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Sometimes gardeners complain about the number of seeds in a packet — there are either too few or too many.

This misunderstanding comes about because gardeners don't realize the great difference in seed sizes.

For instance, there are about 115 seeds of beans, either bush or pole, to the ounce while the same weight of turnip seeds would total 15,200.

GREEN SURVIVAL ENVIRONMENTAL CRISIS

HOW MUCH CLEAN AIR IS THERE?

"Air is our most vital resource, and its pollution is our most serious environmental problem," says President Nixon.

Up-trends are being recorded for all major sources of air pollution. Production and consumption of goods and services increase steadily. Streets and highways are jammed with growing numbers of automobiles and trucks. Power companies burn larger quantities of fossil fuels to meet the need for more electricity. New technology adds complex dimensions to the air pollution problem.

Urban and suburban population is already several times greater than the farm population. Soon, the majority of the world's people will live in an urban environment. In 1975, three-fourths of America's 235 million citizens will be compacted into an area which equals about 10 percent of our total land. And while the users of air burgeon in number, the amount of land available will remain constant. Elimination of polluted air is the only answer. As former President Johnson put it, "Either we stop poisoning our air—or we become a nation in gas masks, groping our way through dying cities and a wilderness of ghost towns."

NATURE'S AIR FRESHENERS

Trees, shrubs and other vegetation supply the oxygen that man requires to live. Enormous amounts of oxygen are released from plants to freshen the air. The oxygen is most abundant relatively close to the earth's surface, thinning out in the upper reaches of the atmosphere. By breathing in carbon dioxide and other combustible gasses and releasing it in the form of oxygen, plants sweeten the air.

PLANTS ARE AIR POLLUTION DETECTIVES

"Ordinary" air in most large cities is filled with tons of pollutants: Carbon monoxide from gasoline, diesel, and jet engines; sulfur oxides from factories, apartment houses, and power plants; nitrogen oxides and hydrocarbons from the combustion of gasoline and other fossil fuels; and a broad variety of other contaminants.

Plants are taking on the job of air pollution detectives in our smog-ridden communities—much as canaries once were used to detect methane gas in coal mines. Air pollution injury to plants generally becomes evident before visible effects can be noted on animals or materials such as paint, cloth, or metal. Even weeds get into the act as pollution detectors—ragweed and wild blackberry, for example. But plants and field crops do most of the "detective work."

"GREENBELTS" FIGHT SMOG

Belts of greenery, not just smog control devices on cars, are the solution to smog build-up along the nation's highways. While smog control devices are needed, they can't overcome the smog problem alone. "Greenbelts"—plantings of trees and shrubs a half-mile thick—have been found to be effective smog fighters. Research conducted by the University of California showed that people who live near freeways breathe air containing less than 1,000 parts of fresh air to one part of auto exhaust. For a healthful environment, the proportion should be 2,000 to one. Unpolluted fresh air from forested areas dilutes smog build-up. The green vegetation removes pollutants and restores oxygen to the atmosphere.

Weight Watchers

PUMPKIN SUPREME

8 oz. canned Pumpkin
¾ cup skimmed milk
1 tsp. W.W. sugar substitute
(cinnamon, nutmeg, allspice, optional)

Mix all ingredients together, bake in custard cup in 350° oven for 25 minutes. Approximately two four ounce servings.

#4 vegetable, dinner only.
May also be served as dessert.

A young woman telephoned the weather bureau in Raleigh, N.C. "I'm going to be married tomorrow," she bubbled happily, "and then we're going up to the mountains for our honeymoon. Can you please tell me what is going to happen there over the weekend?"

All copy for this newspaper must be typed, double spaced originals. No carbons, or items which appear elsewhere before we publish, will be considered. Deadline, Monday A.M.

VETERANS

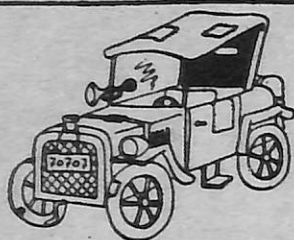
If you were honorably discharged after January 31, 1955, you are eligible for 100% tuition reimbursement for over 200 approved courses with International Correspondence Schools. For further information, contact Frank J. Leary, P.O. Box 1164, Springfield, Mass. 01101 or telephone 737-2879.

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Car for Sale

Why not? An antique dealer might be interested! Through advertising in our paper a buyer for (almost) anything can be found. Therefore, whatever it may be, advertise it!

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WOMAN for housework 1/2 day a week, or High School girl after school.

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Expert Watch Repairing
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MALONE'S
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Seasonal Garden Supplies
for home and farm
RE 2-3966

RUBBISH COLLECTION SCHEDULE

Fri.	June 12	Rte. 10
Mon.	June 15	Rte. 1
Tues.	June 16	Rte. 2
Wed.	June 17	Rte. 3
Thurs.	June 18	Rte. 4
Fri.	June 19	Rte. 5

Purple Vegetables



Eggplant comes to mind immediately as a purple vegetable. This is a new variety, Slice-Rite, very prolific.

Did you ever stop to consider how many purple vegetables there are? They not only are delicious when eaten but help make your vegetable garden as pretty as your flower

COMPLETE LINE OF Musical Instruments

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BY HIGH-GRADE TEACHERS
ALL INSTRUMENTS

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'til 8:00 p.m.

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ALTERATIONS

- Repairs

on Men's - Ladies' - Children's Clothing
- Zippers, hems, cuffs, pockets, etc.
Reasonable - Fast Service. Agawam -
Feeding Hills area. Tel. 786-1296.

Purple cabbages alternated with green ones are attractive, much more so than rows of just one color.

Eggplant, glossy purple, is probably the outstanding vegetable of that color. One hybrid variety is so dark it is named Black Magic.

Purple cauliflower actually looks more like broccoli but with smaller buds. Early Purple-Head and Royal Purple are varieties to grow; the second a later maturing strain.

Purple cauliflower becomes green when cooked; has a flavor more like broccoli than regular cauliflower. Serve it raw in salads for its pretty color.

Early Purple Vienna kohlrabi is named for its skin color but that is only skin-deep. The purple is peeled off before cooking.

While its white-skinned counterpart, Early White Vienna, matures a few days earlier, the purple variety has slightly larger knobs.

Royalty is the name of a purple-podded snapbean. People do a double-take when they see it in the garden but not when at the table as it, too, turns green when cooked.

SCHOOL LUNCHES

Milk Served with All Meals

JUNE 15 — 17

PHILIPS SCHOOL

MON. — ju., frank in roll, but. carrots, pot. chips, cocoa krispies. TUES. — ju., ham & cheese grndr, let., mayon., carrot stix, candy bar. WED. — ju., hmbg in roll, rel., onions, ctsip., but. corn, prune spice cake.

GRANGER SCHOOL

MON. — ju., hmbg on but. bun, rel. & ctsip., cheese cube, carrots, applesauce. TUES. — spag. w/meat & tom. sauce, grn. beans, brd. & but., peaches. WED. — ju., frank on roll, rel. & mstd., pot. chips, let. & tom. sal., fruit.

PEIRCE SCHOOL

MON. — hmbg patti on hot but. roll, but. mxd vgs, pean. but. sand., sliced peaches. TUES. — spag w/tom. & meat sauce, cheese square, but. peas & carrots, brd. & but., pineapple tidbits. WED. — grild frank on but. roll, pot. sal., harvard beets, pean. but. sand., apricots.

DANAHY SCHOOL

MON. — ju., hmbg on but. bun, mxd vgs, applesauce cake. TUES. — meat sand., pean. but. sand., but. carrots, frsh fruit, sliced cheese, cinnamon roll. WED. — mcroni in tom. & meat sauce, brd. & but., grn. beans, applesauce.

SOUTH ELEMENTARY

MON. — ital. spag. w/meat & tom. sauce, fruit slaw sal., but. pean. but. on rye, fruit cup. TUES. — org. ju., mstd. franks on but. roll, mstd. & rel., but. spinach, applesauce. WED. — meatball grndr w/spag. sauce, let. & tom. sal. w/frnch drsng, pean. but. sand., ice cream cup.

ROBINSON PARK

MON. — mcroni w/meat & tom. sauce, but. wax beans, brd. & but., fruit. TUES. — ju., hmbg on but. roll, ctsip., but. carrots, cheese stix, fruited jello w/tpng. WED. — ju., ham sand., pot. chips, grdn sal. w/spinach & tom., pean. but. cookie, candy bar.

JUNIOR HIGH

MON. — ju., sloppy joe on bun, cabbage & carrot sal., jelly sand., white cake w/choc. frstng. TUES. — ju., meatball grndrs w/tom. sauce, tossed sal., applesauce. WED. — ju., tostd. ham & cheese on roll, pot. chips, but. corn, pumpkin cake.

SENIOR HIGH

MON. — ju., hmbg on roll, pot. chips, but. corn, mstd., rel., ctsip., sliced onion, pean. but. sand., but. cake w/hot fudge sauce. TUES. — elbow mcroni w/meat, cheese & tom. sauce, but. veg. brd. & but., fruit. WED. — frank on roll, school baked beans, cabbage & carrot sal., brd. & but., assorted dessert.

Agawam Students

Register Now!

Driver Education Class

After noon & Evening
Classes starting June 15

Morning Classes
starting June 22 — — —
Springfield school

June 24 — — —
West Springfield school
7 Upper Church St., at YMCA

ACCELERATED 2 1/2-WEEK CLASSROOM COURSE

If you've already had classroom portion of driver education at high school, take the six hours behind-the-wheel training with us!

High School Students
-- we pick you up
& return you

WINCHESTER AUTO SCHOOL

190 STATE ST. RE 9-2533

Rutabagas or Swedish turnips take longer to mature than regular turnips so seeds should be planted earlier — mid-June to early July.

Annual sunflowers are excellent as backgrounds for other flowers. Be certain to select a tall-growing kind as there now are dwarf varieties.

If you like radishes and object to paying high prices for them in the market during winter, grow Round Black Spanish, a winter radish.

Seeds are sown as late as August for winter use and roots are stored in moist sand. They keep all winter.

Legal Notices

COMMONWEALTH OF MASSACHUSETTS

Hampden ss

PROBATE COURT

To JOHN M. SCHWARTZ, of St. Petersburg, in the State of Florida; MARION FERRANTI, of Springfield, and ESTHER L. REYNOLDS, of Agawam, both in said County of Hampden.

GREETINGS:

Whereas a suit in equity has been begun against you in our Probate Court, within and for the County of Hampden, by STUART G. WAITE, of said Springfield, executor of the will of LILLIE M. SCHWARTZ, late of said Agawam, deceased;

WE COMMAND YOU, if you intend to make any defense, that on Friday, June 26, 1970, the return day of this citation, or within such further time as the law allows, you do cause your written appearance to be entered and your written answer of other lawful pleading to be filed in the office of the Register of said Court at Springfield, in said County first above named, and further that you defend against said suit according to law, if you intend to make any defense, and that you do and receive what the Court shall order, adjudge and decree therein.

Hereof fail not, at your peril, as otherwise said suit may be adjudged, and orders and decrees entered therein, in your absence.

Copy of the Bill of Complaint is hereto attached.

If you desire to object thereto, you or your attorney should file in said Court at Springfield a written appearance and answer or other legal pleading, within twenty-one days after the twenty-sixth day of June 1970, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-eighth day of May 1970.

JOHN J. LYONS, Register

It is ordered that notice of said proceeding be given by publishing a copy thereof once in each week for three successive weeks in the Agawam News, a newspaper published in said Agawam, the last publication to be one day at least before said return day.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-eighth day of May 1970.

JOHN J. LYONS, Register

COMMONWEALTH OF MASSACHUSETTS

To the Honorable the Judges of the Probate Court in and for the County of Hampden:

RESPECTFULLY represents Stuart G. Waite of Springfield, Hampden County, Massachusetts, Petitioner, that he is the duly appointed Executor of the Will of Lillie M. Schwartz, which Will is dated October 2, 1956, and is on file in said Court, That John M. Schwartz of St. Petersburg, Pinellas County, Florida, Marion Ferranti, Springfield, Hampden County, Massachusetts, and Esther L. Reynolds of Agawam, Hampden County, Massachusetts, Respondents, are the sole legatees and devisees under the Will of said Lillie M. Schwartz. Said Stuart G. Waite further represents that:

1. The First, Second, Third and Fourth paragraphs of said Will are as follows:

FIRST
I give, devise and bequeath to my son John M. Schwartz, and to my daughter, Marion Ferranti, each approximately one acre of land out of the property that I now own on River Road, Agawam, Hampden County, Massachusetts, said location to be determined by the above John M. Schwartz and Marion Ferranti and said frontage to be approximately the same as the parcel of land formerly owned by my daughter, Esther L. Reynolds. This land is devised to them in fee simple.

SECOND
All the rest, residue and remainder of my property, both real and personal, of every kind and description, and wherever the same may be situated, I give, devise and bequeath to my three children, John M. Schwartz, Esther L. Reynolds, and Marion Ferranti, share and share alike. If at the time of my death any of my children should be deceased, I direct that the deceased child's share shall go directly to his children then living.

THIRD
I nominate and appoint Stuart G. Waite to be the executor of this my will and I request that he may be exempt from giving any sureties on his official bond as such executor.

FOURTH
I hereby authorize and empower my said executor to sell and dispose of any and all of my real estate, either at public or private sale, in his discretion, and to execute, acknowledge and deliver proper deeds conveying the same to the purchasers thereof.

2. Said Petitioner has converted all of the personal property into cash, has paid all bills of which he has any knowledge, has filed inheritance tax returns with the Commonwealth of Massachusetts, and Estate Tax Returns with the Internal Revenue Service, and has distributed all of the personal estate equally to said above-mentioned legatees and devisees, except a small amount which he has reserved for the possible payment of any balance on the inheritance taxes.

3. Said Petitioner has attempted to discover from the Respondents John M. Schwartz and Marion Ferranti how he should carry out the first paragraph of said Will. The Respondent Marion Ferranti has informed the Petitioner, through her guardian, John T. Moriarty, that the property should be sold and converted into cash. The Respondent, John M. Schwartz, after much correspondence with his attorney, has failed to give the Petitioner any answer whatsoever as to how he would prefer the carrying out of Paragraph First of said Will.

4. In an effort to sell all of the property, said Petitioner has communicated with John M. Schwartz informing him of various offers to purchase the property and informing John M. Schwartz that, if he agreed, he would receive the sum of \$3,000 in place of his devise in Paragraph First, and, in addition, one-third of the residue, after an additional \$3,000 was set aside for the Respondent Marion Ferranti. The same offer has been made to the Respondent Marion Ferranti through her guardian John T. Moriarty, who has, subject to obtaining permission of this Court, agreed to this procedure. Said John M. Schwartz has either neglected or refused to answer the letters of his attorney who has been unable to contact said John M. Schwartz, who now

resides, at least temporarily, in St. Petersburg, Florida.

5. Your petitioner is uncertain whether under paragraphs Third and Fourth of the Will he has power to sell all of the real estate, either at public or private sale, and distribute the proceeds, subject to the approval of the Probate Court, in the manner set forth above, with \$3,000 of the purchase price each going to John M. Schwartz and Marion Ferranti, and the balance being divided equally in thirds and distributed to the Respondents John M. Schwartz, Marion Ferranti, and Esther L. Reynolds.

WHEREFORE YOUR PETITIONER PRAYS

1. That your Petitioner be authorized and directed to sell said property at private sale or public sale in accordance with Paragraph Fourth of the Will as set forth above, and to distribute the net proceeds of said sale in accordance with Paragraph 5 above, or in some other manner agreeable to said Court.

2. For such other further orders and instructions as to this Honorable Court may seem meet and proper.

Dated this 11th day of May 1970.

STUART G. WAITE
Executor of the Will
of Lillie M. Schwartz
Petitioner

June 4, 11, 18

COMMONWEALTH OF MASSACHUSETTS

HAMPDEN ss

PROBATE COURT

To all persons interested in the estate of THOMAS J. McGOVERN late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by MADALENE C. McGOVERN of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the thirtieth day of June 1970, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-sixth day of May 1970.

JOHN J. LYONS, Register

COMMONWEALTH OF MASSACHUSETTS

HAMPDEN ss

PROBATE COURT

To all persons interested in the estate of NICHOLAS TRICINELLA late of Agawam in said County, deceased.

A petition has been presented to said Court, praying that ANDREW F. TRICINELLA of said Agawam or some other suitable person be appointed administrator of said estate.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield, in the County of Hampden, before ten o'clock in the forenoon on the twenty-third day of June 1970, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twentieth day of May 1970.

JOHN J. LYONS, Register

COMMONWEALTH OF MASSACHUSETTS

HAMPDEN ss

PROBATE COURT

To all persons interested in the petition hereinafter described.

A petition has been presented to said Court by FRANK KOLGINCKI KOLSZINCKY of Agawam, in said County, praying that his name may be changed as follows: FRANK KOLGINCKI to FRANK KINSLEY.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield, before ten o'clock in the forenoon on the twenty-sixth day of June 1970, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this nineteenth day of May 1970.

JOHN J. LYONS, Register

COMMONWEALTH OF MASSACHUSETTS

HAMPDEN ss

PROBATE COURT

To all persons interested in the estate of SALLY RICHMOND otherwise SARA RICHMOND late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last WILL of said deceased by ERWIN E. COOPER of Newton in the County of Middlesex praying that he be appointed executor thereof without giving a surety on his bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the twelfth day of June 1970, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this fifth day of May 1970.

JOHN J. LYONS, Register

for sale

SPINET PIANO

Wanted, responsible party to take over a spinet piano. Easy terms available. Can be seen locally. Write Credit Manager, P.O. Box 35, Cortland, Ohio 44410.